

Skin Health & Facial Treatments

Course
Guide



ulleo
Industry-led
short courses

ulleo.com +61 3 9961 4365

Course Overview

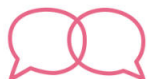
Love what you learn

Learn the latest techniques and treatments to enhance your clients' natural beauty and improve their skin's health. With a focus on hands-on learning, you'll gain the knowledge and skills necessary to provide personalised, effective solutions tailored to individual skin concerns.



Industry-endorsed

Learn up-to-date skills from Australia's leading skin specialists and salon owners.



Industry mentors

Receive dedicated support and feedback from an industry mentor.



Live workshops

Access fresh content through live events and workshops.



Flexible learning

Take charge of your learning journey, set the pace, and learn your own way.

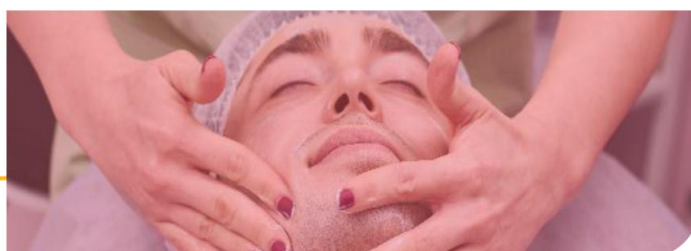
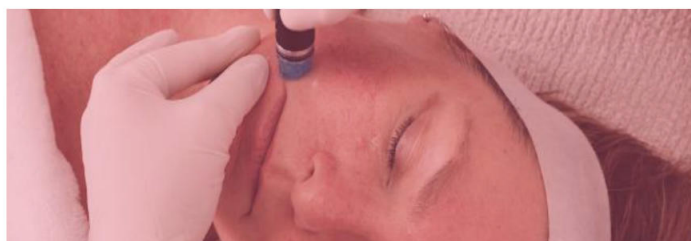
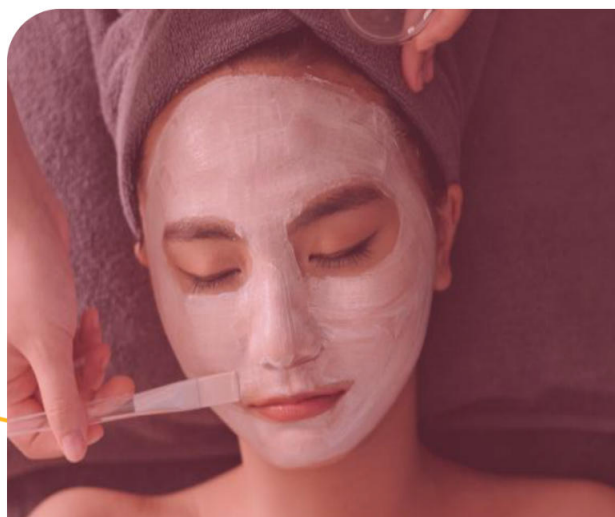


Let's chat about your goals!

Our friendly course advisors are ready to guide you towards your study and career goals. We're sure you have plenty of questions about the course and where it can take you!

[Book a call today](#)

You can read our Terms & Conditions at ulleo.com/terms





Career Outcomes

Unlock your future

Delivered fully online at your own pace, this course is a fantastic way to upskill or kickstart a new career without the time and cost commitments of a full-time degree.

Because you'll be learning directly from professionals in the field, this course will equip you with the most in-demand skills and up-to-date knowledge within the industry - opening the door to amazing opportunities post-study!

Once completed, you might use this course as a stepping stone to further study or dive straight into the industry. Potential career outcomes include:

- Skincare consultant
- Beauty therapist
- Beauty advisor
- Spa therapist



Earn a micro-credential

At the end of your course, you'll receive a Certificate of Completion and Digital Badge (issued by Credly). This is a great way to verify your knowledge and skills and stand out to potential employers. Simply add them to your resume, LinkedIn profile, or website

Industry Mentor Support

Develop your confidence and skills with guidance from Australia's leading skin therapists and beauty professionals. This includes a dedicated industry mentor to answer your questions, provide feedback, and help you plan your future in the industry!



Clare Haeusler

MENTOR

Director at Chantilly Skin & Brow

Clare has over 10 years of extensive experience in the beauty industry, as a beauty therapist and salon manager. As the Director of Chantilly Skin & Brow in NSW, Clare manages multiple salons, educates staff, and designs and performs a range of beauty treatments. She has a passion for educating and motivating new beauty professionals to reach their potential.

Events

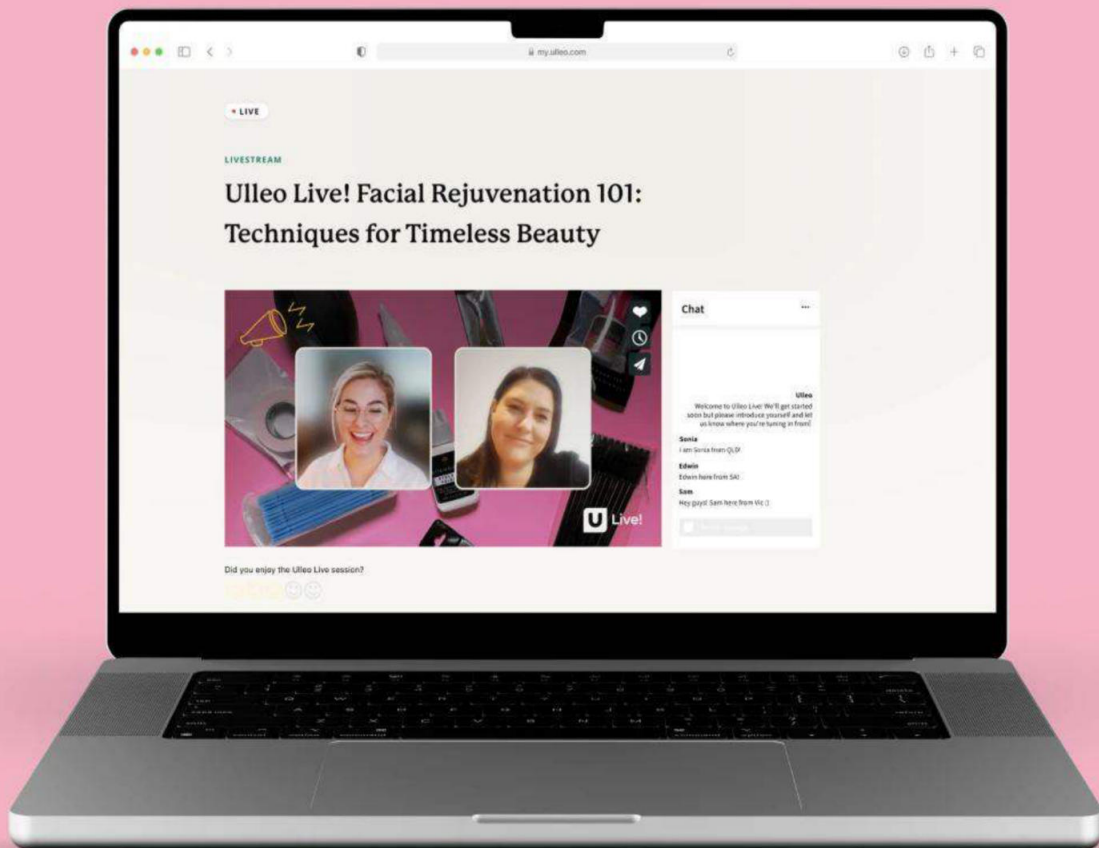
Bridging the gap between students and industry

On top of your course materials, you'll also have access to regular live events, workshops, and beauty demos featuring your mentor, peers, and industry guest speakers.

Topics include:

- Common Skin Concerns
- The Evolution of Facial Treatments
- Creating a Relaxing Salon Environment
- Starting a Beauty Business
- Building your Client Network

Each session is recorded and uploaded to the learning platform for later viewing.



Join our next event! Follow us on [Facebook](#), [Instagram](#) and [LinkedIn](#) to keep up to date with upcoming events and register your attendance.



Course Options

Tailor your studies to match your unique goals:

10 LESSONS

Skin Health & Facial Treatments

This course will equip you with the fundamental and practical skills to perform a range of facials based on skin types and concerns, including cleansing, peels, clay masks, massages, gua sha, and more!

BUNDLE

14 LESSONS

Skin Health & Facial Treatments + Beauty Business Fundamentals

This course bundle provides everything you need to start a successful skincare and facials business.

You'll not only learn how to provide professional beauty services, but you'll also develop a range of core business skills including branding and marketing, business operations and planning, accounting, customer service, and more.



Have questions for us?

We're always here to help. Call us on +61 3 9961 4365 today.

What You'll Learn

1 Skin Science

- Skin Function
- Skin Layers & Anatomy
- The Skin Barrier
- Cell Turnover
- Lifespan Changes

2 Skin Health

- What is 'Healthy' Skin?
- Genetics, Hormones & Stress
- Nutrition, Gut Health & Lifestyle
- Skincare Practices
- Environmental Factors

3 Skin Analysis

- Skin Types
- Skin Concerns
- Skin Conditions
- Demo: Skin Analysis & Consultation
- Demo: Advanced Skin Analysis

4 Activity: Skin Analysis

- Evaluating Skin Health & Condition

5 Skin Products & Ingredients

- Making Sense of Skincare Products
- Types of Ingredients
- Evaluating Efficacy
- Creating a Skincare Routine

6 Activity: Skin Product Analysis

- Evaluating Products & Understanding Ingredients

7 Designing & Recommending Facials

- Combining Treatment & Relaxation
- Designing a Facial
- Advanced Treatment Modalities
- Hygiene & Safety

8 Fundamental Facial Techniques

- Demo: Cleansing & Steaming
- Demo: Exfoliation
- Demo: Massage Techniques
- Demo: Mask Application
- Demo: Gua Sha
- Demo: Finishing Products

9 Performing Facials from Start-to-Finish

- Preparing for a Service
- Full Facial Demos
- Communication Techniques
- Assessing Treatment Outcomes
- Finishing a Service

10 Final Assignment: Design & Perform a Facial

- Consultation & Skin Analysis
- Designing a Treatment Plan
- Performing a Facial
- Feedback & Self-Reflection

Included in the Beauty Business Fundamentals bundle:

1 **Building a Beauty Business:
Setting Up For Success**

- Deciding on Your Direction
- Business Name & Set-Up
- Funding Your Business
- Managing Your Finances
- Pricing Strategy
- Legal Considerations

2 **Brand & Marketing: Standing
Out From the Crowd**

- Market Research & Positioning
- Understanding Your Customer
- Designing Your Brand
- Developing a Marketing Strategy
- Building Your Digital Presence
- Creating Engaging Content

3 **Business Operations: Tools &
Strategies to Make Life Easier**

- Finding the Right Products & Suppliers
- Inventory Management
- People & Culture
- Salon Software
- Sustainability

4 **The Client Experience:
Providing a Successful
Beauty Service**

- Client Consultation
- Creating a Treatment Plan
- Creating the Right Environment
- Retailing Products
- Rebooking Clients

 Premium client experience

Flawless Face Sanctuary

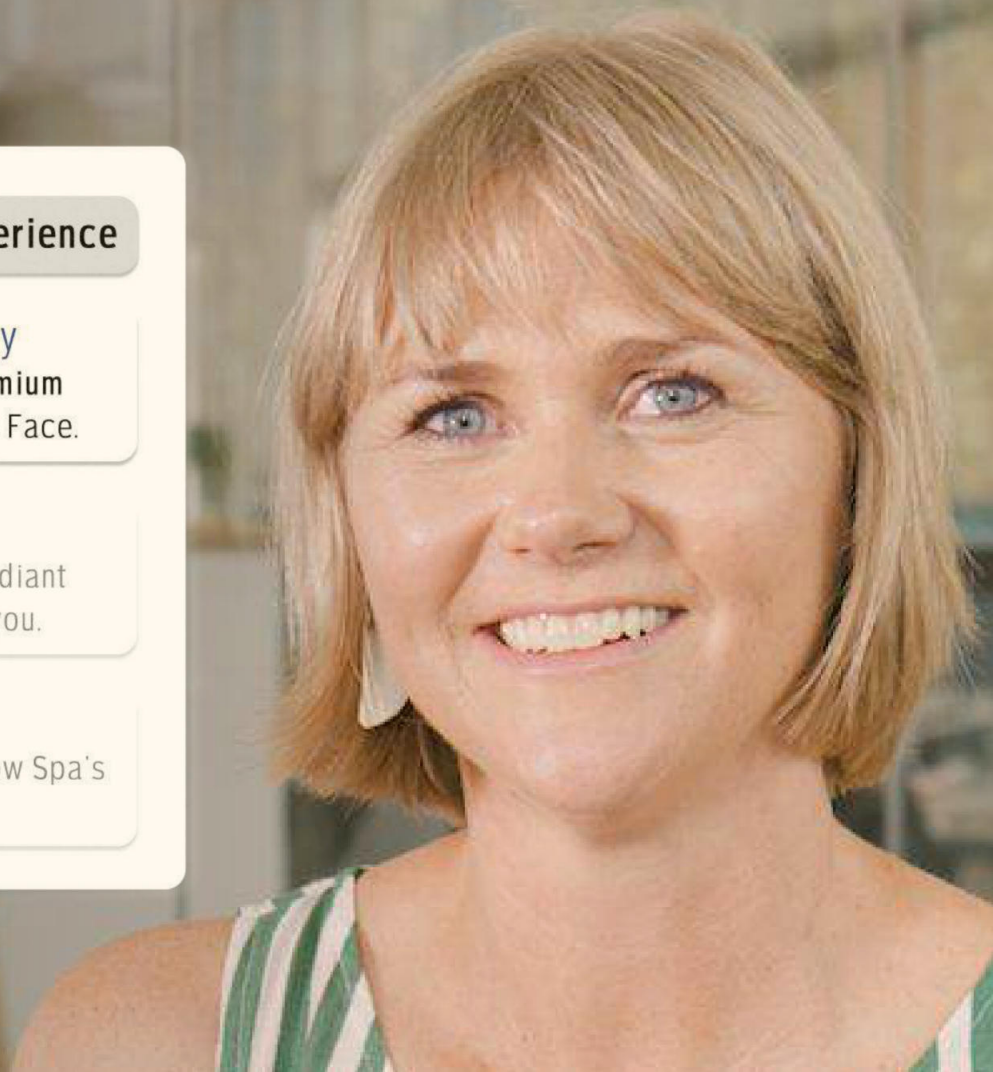
Artistry of skincare for a **premium client experience** at Flawless Face.

Radiant Skin

Get a facial **experience** at Radiant Skin Studio, tailored just for you.

Glow Spa & Facials

Relax and rejuvenate with Glow Spa's luxurious facial treatments.



Ulleo Professional Facials Kit

Put your knowledge into practice

Practise your new skills with wholesale access to a professional facial kit. With products and tools from industry-leading brands such as Barneys Salon Supplies and LYCON Skin, this kit provides everything you need to perform professional facial treatments. We've also made an effort to source the most sustainable options wherever possible.

The Professional Facials Kit includes:

- LYCON Skin Micellar Facial Cleansing Gel
- LYCON Skin Eye Makeup Remover
- LYCON Skin Gentle Cleansing Scrub
- LYCON Skin Magic Touch Face Massage Lotion
- LYCON Skin Daily Moisture Protection
- LYCON Skin Eye Lifting Gel-Creme Serum
- LYCON Skin Radiance Lime Caviar AHA Mask
- LYCON Skin Deep Hydration Hyaluronic Mask
- LYCON Skin Superfruits 3 Minute Detox Mask
- LYCON Skin Exotic Oil Complex
- LYCON Skin Neck + Décolleté Firming Cream
- LYCON Skin Revitalizing Hyaluronic + B5 Booster Serum
- LYCON Skin Multi-Protection Day Cream SPF15
- Barneys Salon Supplies Professional Facial Mask Brush
- Barneys Salon Supplies Disposable Facial Wipes
- Barneys Salon Supplies Professional Cotton Rounds
- Barneys Salon Supplies Bamboo & Cotton Beauty Buds
- Barneys Salon Supplies Disposable Stretch Headband with Velcro
- Veora Disposable Facial Tissues
- Glass Bowl for Facials



For more information about Ulleo's facials kit, email support@ulleo.com.

About Ulleo

At Ulleo, we offer flexible and affordable online short courses co-created with Australia's leading industry experts.

Whether you're looking to start a new career path or explore a new passion, our engaging learning experience provides skills for now and into the future. As a Ulleo student, you'll receive support and advice from industry mentors — practising professionals eager to share their knowledge.

As a profit-with-purpose company, sustainability is at the heart of what we do. As of 2024, we've planted over 7,000 trees on behalf of our students!

Unlock your future with Ulleo.



Acknowledgement of Country

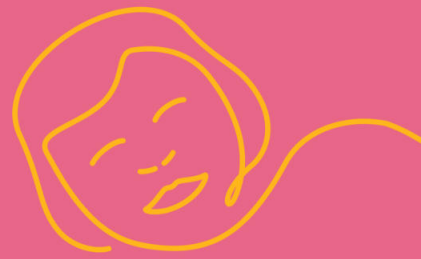


At Ulleo we recognise the traditional custodians of the lands where we work, live and learn. We pay our respects to elders past and present, and celebrate the First Peoples' relationship to Country, and the significance of Aboriginal cultures in Australia.



Plant trees while you learn

We plant trees to celebrate your learning milestones. Our partnership with Carbon Neutral funds the planting of native species in the Yarra Yarra Biodiversity Corridor in Western Australia. As of March 2024, we've planted over 7000 trees for our students!



Become a skincare professional

Ready to enrol?

We're here to help. Call us on [+61 3 9961 4365](tel:+61399614365) and chat with one of our friendly course advisors today.

Or enrol via our website ulleo.com/skin-facials and start working toward your dream career today!



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